



Inclusiveness

Hello Parents and Guardians,
Welcome to Unit 3 of our Kindness in the Classroom curriculum. For the next 6 weeks we will be learning all about INCLUSIVENESS. We will dedicate 30 minutes once a week for our main lesson, with a few 15 minute mini lessons sprinkled throughout our week to help your child go deeper with the concept. We will end the unit with a project that we will all work on together.

Since this topic is already known by many of our students this year, we will be diving deeper as we explore the following topics:

GOALS FOR THIS UNIT

- ✓ Define inclusiveness as it applies to both ourselves and to our community as a whole
- ✓ Evaluate our immediate surroundings through a lens of equity and fairness
- ✓ Work together to create a safe classroom space for everyone

TOPIC	QUESTIONS WE'LL BE EXPLORING	HOW YOU CAN HELP
Friendship	<ul style="list-style-type: none">• How can we form friendships and not cliques?• How can we be more inclusive of others?	We realize that children will form tighter relationships with some people more so than others, but we are working to create a friendly environment where everyone can belong. Talk with your student about the importance of having a diverse friend group and being welcoming of others.
Equity and Fairness	<ul style="list-style-type: none">• What does it mean to be fair vs. equitable?• How does the media influence our perceptions of fairness and equity?	If you have a situation with your student where he or she feels something at home is unfair, talk through that situation with them. Explain your perspective and help them understand your point-of-view. Also, take time to listen to their concerns. This may be an opportunity for compromise or it will give you a chance to explain how the decision is best for everyone involved.
Creating a Culture of Inclusivity	<ul style="list-style-type: none">• How can we stand up for each other and work to create inclusive spaces at school, where everyone can belong?	Your student will learn about being an upstander, which is a person who stands up for another person who is being left out or bullied in some way. Think about how you model upstander behavior at home and in public.

TRY THIS AT HOME!

As a family, discuss how you show inclusiveness toward others. Have one conversation this week about a tradition, culture, or viewpoint that is different from your own. Use language that is open, non-judgemental, and compassionate. Being inclusive does not mean that you compromise your own beliefs or ideas; rather, it leaves space for diversity of belief and thought. Check how you feel when you talk and think about things without judgement.

We will continue our Kindness in the Classroom curriculum throughout the year. Please join us on this journey using this handout and the at home activity as a way to connect with your child regarding our unit concept. Feel free to contact me with any questions or comments as we move forward.

Sincerely,