

Integrity



Sub-Concepts Covered: Perseverance, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

This is the fourth unit of the *Kindness in the Classroom* curriculum. Ideally this unit comes after a break that marks the halfway point in some fashion within 7th grade. The students have explored respect, caring, and inclusiveness. They are now ready to dive deeper within a fairly new concept for this age- integrity. While all children have explored the sister concept of honesty, integrity ramps up our expectations of behavior and challenges them to do what they know to be right and kind in EVERY situation, regardless of who is or isn’t present.

Unit Objective

Students will:

- Examine their own level of integrity across a variety of situations, both with peers and individually.
- Practice creating and accomplishing SMART goals.

Student Introduction

Integrity—for many of us this is a word that needs a bit more explanation. While all of us are familiar with honesty and telling the truth, integrity takes this to the next level. What do you choose to do alone? What do you choose to do when no one will ever find out if you followed through? How tempting is it to cut corners? Do you seek out loopholes to justify poor choices? This unit will focus on the following:

- Honesty and Integrity
- Personal Choices
- Perseverance

Unit Lessons

Main Lesson Title	Weekly Objectives	Main Lesson Materials	Mini Lessons
Lesson 1 Levels of Honesty	<ul style="list-style-type: none"> Explore the connection between honesty and integrity and how that affects their decisions personally Celebrate the courageous acts within their personal lives 	<ul style="list-style-type: none"> Whiteboard for each student OR blank paper for each student Whiteboard markers (if needed) or pencils/markers 	<p><u>Small Group</u>- Flawed Fables</p> <p><u>Partners</u>- How Many is Too Many?</p> <p><u>Individual</u>- Personal Reflection- Truth Triumphs</p> <p><u>Technology Focus</u>- Technology and Integrity</p>
Lesson 2 Resisting Temptation	<ul style="list-style-type: none"> Evaluate how they currently demonstrate integrity across settings Identify areas of struggle as it relates to integrity and create a plan for increasing integrity on a personal level 	<ul style="list-style-type: none"> Index Cards Pencils 	<p><u>Small Group</u>- Integrity Inventory for Teens</p> <p><u>Partners</u>- The Consequences of Lying</p> <p><u>Individual</u>- The Face of Integrity</p> <p><u>Technology Focus</u>- The Lens of Integrity</p>
Lesson 3 Breaking It Down	<ul style="list-style-type: none"> Examine their current decision making process as it relates to challenging goals Practice making choices that reflect what they know to be right and kind 	<ul style="list-style-type: none"> Ball or other soft object 	<p><u>Small Group</u>- Overcoming Struggles</p> <p><u>Partners</u>- Common Goal</p> <p><u>Individual</u>- Hill of Perseverance</p> <p><u>Technology Focus</u>- Goal Tracking Tools</p>
Lesson 4 Seeing It Through	<ul style="list-style-type: none"> Explore previously attained goals and successes and examine the feelings associated with this. Practice making and achieving goals using the SMART goal process 	<ul style="list-style-type: none"> Bell or Buzzer for each team (can use a fly swatter, or other object of your choice) Sticky notes Pencils 	<p><u>Small Group</u>- Honest Character Traits</p> <p><u>Partners</u>- Secret to Success</p> <p><u>Individual</u>- Success T-Chart</p> <p><u>Technology Focus</u>- Personal Goal</p>

Unit Project

Project Title	Project Overview	Materials Required
Digital Citizenship Posters	The class will create useful posters to promote healthy digital citizenship online.	<ul style="list-style-type: none"><input type="checkbox"/> White paper, stapler, and drawing utensils<input type="checkbox"/> Notebook paper for brainstorming/outlining